



HOME THERAPY RED LIGHT KNEE & ELBOW

User Manual

- Relax Muscles + Relieve Cramps
- Accelerate Healing + Relieve Pain
- Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

PACKAGE CONTENTS



1. 1x Red & Infrared LED Light Therapy Knee & elbow (includes 120 red lights & 60 infrared lights)
2. Remote (with 20-minutes auto shut-off timer)
3. 1x AC Adapter (AC 100-240V) & Power Cord
4. 1x DC Cord

Model:	RLT-KNEE-PB
Material:	75% neoprene and 25% velvet
Effective area:	9 X 4.7inch
Power supply:	AC100-240V or DC 12V DGYAO Portable Battery
Frequency:	50/60 Hz
Wavelength:	660nm+880nm
Number:	120pcs Red lights & 60pcs IR lights
Light Beads Craft:	SMD
Temperature :	Max 104 °F
N.W:	220g
G.W:	420g

INTRODUCTION

Thank you for purchasing your DGYAO red & infrared light therapy!

Each pad has built-in infrared lights (880nm wavelength)+red lights (660nm wavelength). Studies have shown that a combination of infrared +red light therapy increases circulation, accelerates nerve regeneration, reduces pain, relaxes muscles, and more.

We recommend using your device at least once a day - in 20 minute period to enjoy the full benefits of this powerful light therapy.



GETTING STARTED



Follow the below instructions to get started and enjoy the benefits of your new device:

1. Connect the DGYAO knee pads to either of the two DC ports on the remote control unit*Note: Remote has two DC ports. The 2nd port is a spare port for connecting a second knee pad (sold separately).
2. Connect the AC Adapter to the remote
3. Connect power cord to the AC Adapter
4. Plug power cord into outlet (use USA to UK/EU adapter in the UK/Europe)
5. Press the ON/OFF switch on the remote to turn the lights on* Note: Lights will auto-shut off after 20 minutes. You may turn them back on with the ON/OFF switch. You may use the device multiple times a day, but do NOT exceed 40 minutes of use in one session.
6. For maximum benefit, we recommend using the light therapy knee pad on naked skin directly

RED LIGHT THERAPY WARRANTY SPECIFIC WARRANTY POLICY

Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

- 1-Year defects liability period.
- 60 days return and replacement warranty 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return requests as "I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect usage effect.
- Keep the original outer package for successful return.



FREQUENTLY ASKED QUESTIONS

- Q1: What should therapy feel like?**
A1: You should feel mild warm-up on your body and muscle relax.
- Q2: How often should I use the wrap?**
A2: You may use it for 1-3 times per day, 20 minutes each time. Take a rest and drink some water to relax yourself before next following use.
- Q3: Does it have both red and infrared lights?**
A3: Yes. 60 near infrared + 120 red.
- Q4: How many lights are there on the pad?**
A4: 60 Three-chip lights
- Q5: What is the demension of the system?**
A5: 9" X 4.7" Therapy area.
- Q6: How long is the connector strips?**
A6: Total 15 ft (4.56 meters)
- Q7: Does it need to be plugged into the socket?**
A7: Yes.
- Q8: How long will it take to experience relief?**
A8: We recommend wearing it for 2-3 therapy sessions per day for the first month. Please be patient because it may take several weeks to experience optimal relief.
- Q9: Can I use this with pain medications?**
A9: Speak to your doctor about your pain medication use in conjunction with our wrap.
- A10: Are there side effects?**
A10: No. You may experience the skin irritation if you're allergic to the fibers.
- Q11: Can I place the device on my legs or foot?**
A11: Yes. The wrap is designed for any part of the body (except for face and head)
- A12: Can people with heart disease or heart pacemaker use it?**
A12: No.
- A13: What situations should I not use the therapy?**
A13: When you suffer high fever, tumour, open tuberculosis, heart disease, acute soft tissue injury.
- A14: Can I use it while eating ?**
A14: Yes.
- A15: Can I use it while sleeping?**
A15: Yes, but pay attention to not treading or pressing on the light.
- A16: Can multiple people share the device?**
A16: Yes. The device can be used by different people and your pets too if you like.

A17: What's the wavelenth of the lights?
A17: 660nm in red lights and 880nm in infrared lights.

A18: Can I wear it on my face and head?
A18: No. The system is not intended for wearing on face and head.

For more information, please go to the blog of our official website: www.dgyao.net

Contact Us

- Consumers and clinicians call: +86-139-2922-1675 (Skype)- for all other questions or customer care needs, please email: dgyao@dgyao.net
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

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