



# HOME THERAPY VIBRATION MASSAGE & RED LIGHT WAIST PAD

## User Manual

- Relax Muscles + Enhance Circulation
- Accelerate Healing + Relieve Pain
- Enhance Recovery + Circulation

before using this product read this user manual carefully and keep for reference

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1. This red & infrared light therapy waist belt has light therapy mode and massage mode. (L : 2 x 148 pcs Red lights & 148 pcs IR lights.)
2. 2 x DC cable.
3. Remote control (time setting: 5 minutes-60 minutes, default 30 minutes auto-off timer), We offer two light modes (steady light/flashing light) and vibration mode.
4. 1x AC Adapter (AC 100-240V) & Power Cord.
5. 1x DC Cord.

Model:	RLT-S22-WTV30
Material:	75% neoprene and 25% velvet
Effective area:	1pcs 19 X 11.7 inch
Power supply:	AC100-240V or DC 12V DGYAO Portable Battery
Frequency:	50/60 Hz
Wavelength:	660nm+850nm
Number:	2x 148pcs 660nm red light chips & 148pcs 850nm near infrared chips
Light Beads Craft:	SMD
Temperature :	Max 104 °F
time setting:	5 -60 minute
Function:	4 modes

## INTRODUCTION

Thank you for purchasing your DGYAO red & infrared light therapy!

### Four modes of DGYAO red light therapy waist belt.

1. **Red Infrared light is on all the time :** light intensity is adjustable (L1-L2-H1 -H2-H3)
2. **Red infrared light flash mode :** light frequency is adjustable (00-01-02-03-04-050-06-07-08-09-10)
3. **Vibration massage+red infrared light is on all the time mode :** Vibration frequency is adjustable when the vibration massage button is on (F0-F1-F2-F3-F4-F5-F6-FF)
4. **Vibration massage+red infrared light flash mode.** Infrared light (880nm wavelength) + red light (660nm wavelength) Circulation, accelerate nerve regeneration, relieve pain, relax muscles, etc.



We recommend that you regularly use your device at least once a day, to enjoy full results.

We recommend using your device at least once a day for 20 minutes periodically to enjoy the full effect.

## CONTROLLER DESCRIPTION

strength display/flash display  
Pwer/Modes

Left 2 digits display: function  
**FunctionA:** L1-L2-H1-H2-H3 (40%-60%-70%-90%-100%)  
**FunctionB:** (00-01-02-03-04-05-06-07-08-09-10) (Light stays on-1HZ-2HZ-3HZ-4HZ-5HZ-6HZ-7HZ-8HZ-9HZ-10HZ)

Right 2-digit display: function  
**FunctionC:** 05-10-15-20-25-30-35-60 (5min-----60min)  
**FunctionD:** F0-F1-F2-F3-F4-F5-F6-FF (The motor switches off-1HZ-2HZ-3HEZ-4HEZ-5HZ-6HZ-The motor keeps shaking/vibrating)

LOGO  
The right side data display (Time countdown+The motor vibration intensity)  
Timer Set/Frequency

Button: press lightly to switch on, long press for 2s to switch off.  
+ Up increase strength/flash/time  
- Down reduce strength/flash/time

A/B Bifunction Button  
A Strength setting: short press the button to enter the strength setting mode.  
C/D Bifunction Button  
C Time countdown setting: short press the button to enter the time countdown setting mode, 5 to 60 minutes, shift to next mode every five minutes, 30 minutes is acquiesced.  
D The motor vibration intensity setting: long press the button for 3s to enter the setting mode.

Input voltage:12V model: 5521DC

Label location: size 20\*40mm diameter 2mm

Out1/Out2: DC5525  
Mode one: Only light therapy  
Out1&Out2 work together, functionD (The motor vibration mode) is not available

Mode two: light therapy+vibration  
Out1 the output port of the motor, only control the frequency of motor vibration. By turning on the button, it works.

Out 2 output port of light therapy, when it switches on, it works.

## RED LIGHT THERAPY WARRANTY

### Limited One-Year Warranty

DGYAO carries a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

DGYAO promises that the device has one year warranty for any defects in material and workmanship from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please call DGYAO Customer Care at Skype +86-139-2922-1675 and one of our customer service team members will work with you to solve the issue and give you instructions on how to get your DGYAO LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered or damaged due to misuse, abuse, or negligent handling.

Thanks for your cooperation in advance.

## SPECIFIC WARRANTY POLICY

- 1-Year defects liability period.
- 60 days return and replacement warranty and 18-month free replacement for charger, controller and connectors. (if they are broken). Return postage beared by customers.
- Return requests as "I don't like it", "I don't want it", "the color doesn't look good" are not accepted.
- The situation of less than three light broken will not covered in the warranty policy because it doesn't affect usage effect.
- Keep the original outer package for successful return.



## FREQUENTLY ASKED QUESTIONS

### Q1: What's the wavelenath of the liahts?

A1: 660nm in red lights and 850nm in infrared lights.

### Q2: Does the vibration intensity adjustable?

A2: Yes, 7 adjustable intensity levels.

### Q3: Can I use this device in Europe?

A3: Yes, you only need a EU adaptor and it can be used in Europe.

### Q4: Can the heat be adjusted? Can red light therapy be used alone without massage?

A4: Yes, red light can be used without massage.

### Q5: Does it need to be plugged into the socket?

A5: Yes. There is also another model that is directly connected to the DGYAO power bank and can be used similarly( Sold separately).

### Q6: What voltage can this device be used?

A6: The device can be used within AC110-240V.

### Q7: Is it more effective on bare skin than over cloth?

A7: Yes, it is more effective on bare skin than over cloth.

### Q8: Are there side effects?

A8: Don't worry about it, but please notice you may will have skin irritation if you 're allergic to the fibers.

### Q9: How long will it take to experience relief of device?

A9: We recommend wearing it for 2-3 therapy sessions perday for the first month.30 minutes each time.Take arest and drink some water to relax yourself before next following use.Please be patient because it may take several weeks to experience optimal relief.

### A10: Can people with heart disease or heart pacemaker use it?

A10: We recommend that you consult your primary care provider or physician when introducing Light Therapy.

- Contact your Doctor if you have any medical questions regarding use of this device.Contact your Doctor prior to using-taking any light.sensitive medications or medical questions.
- Light Sensitivity Test- the User Guide also recommends testing yourself for light sensitivity priorto initial treatment.

### Q11: What situations should I not use the therapy?

A11: Pain which may benefit from heat can be relieved by red and infrared light therapy.But under some situation,do'NOT use the light therapy:

1. High Fever.Infrared light may increase the temperature of your tissue and can worsen fever.
2. Tumour &tuberculosis.Improper use of infraredradia tion may lead to more severe tumors.
3. Patients fitted with heart pacemaker can NOT use light therapy.
4. Acute soft Tissue Injury. Bruises, sprains,bruises, falls or sport injury cause subcutaneous soft tissue torn bleeding or exudation. Do Not use light therapy within 24-48 hours, otherwise it will increase inflammation and swell.

For more information, please go to the blog of our official website: [www.dgyao.net](http://www.dgyao.net)

## Contact Us

- Consumers and clinicians call: +86-139-2922-1675 (Skype)- for all other questions or customer care needs, please email: [dgyao@dgyao.net](mailto:dgyao@dgyao.net)
- Customer Care Hours: 6am to 11am, 6pm-12pm Eastern Standard Time Monday – Sunday Except major holidays.
- Manufacturers' warranties may not apply in all cases, Please review the warranty carefully, and contact the manufacturer if you have any questions.

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